

JUNE 2024

Updated on 5/30/2024

EVENT REQUIRES SIGN UP

Discover your new LIFESTYLE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00  Protestant Services (CH)	9:00-11:00 Monday Shopping 11:00 Navigating Major Life Changes (NCH) 12:30-3:45 Medicals <i>(starting at 1:00)</i> 1:00 Bible Study (VOM) 2:00 Drama Club (VOM)	9:00-3:45 Medicals <i>(Appts. starting at 9:00)</i> 9:30-11 Fix-It-Shop (FS) 9-11 Bank of Stockton (Bar)	WEEKLY RECURRING EVENTS 1:00  Resident Store (TT)	9:00– 3:45 Medicals <i>(Appts. starting at 9:00)</i> 9:30-11 Fix-It-Shop (FS)	9:00-11:30 Medicals <i>(Appts. starting at 9:00)</i> 11:00 OCW Chorus (WH) 1:00-3:00 Friday Shopping 2:00 Current Events (BAR) 3:00 Low Vision Support Group (VOM) 11:00 Relaxing into Presence (TG)	3:30  Catholic Rosary & Mass (CH)
ROOM LOCATION KEY:  CH - Chapel DP - Dining Pavilion CL - Cocktail Lounge HO - Holly Oak LR - Living Room MCH - Main Clubhouse		CH - Chapel DP - Dining Pavilion CL - Cocktail Lounge HO - Holly Oak LR - Living Room MCH - Main Clubhouse  NCH - North Clubhouse VO - Valley Oak SO - Silver Oak WH - West Hall FC - Fitness Club HC - Health Clinic	Social Connection Entertainment & Fun Inspiration & Spirituality Health & Fitness Educational Learning Creative Expression	 Attend events listed in Orange with a ★ to receive Points for your Building!		1  2-7  Saturday Night Movie Special 7PM Showing (WH)
2 10,2,7  Cinema Sunday (WH) Did you hear about the Morgans (2009)	3 1:30  Nature’s Prescription for Health (WH)	4 11:15  Building/Grounds Committee (NCH) 2:00  The Connection: Ann Johnston (WH) 6:30  Tai Chi Videos (WH)	5 9:30 ★ BOTB Kick– Off Continental Breakfast (LRP) 2:00  Take a Tour with Cynthia: Japan (WH) 3:00  Gentlemen’s Forum (BAR)	6 10:30  History of Western Civilization (WH) 11:30  Program Committee (NCH) 1:30  California Civil Grand Jury Denise Snider (WH)	7 9:30 ★ BOTB Putting & Bocce (PG) 4:15  Happy Hour (LR)	8 2-7  Saturday Night Movie Special 7PM Showing (WH)
9 10,2,7  Cinema Sunday (WH) Miss Potter (2006)	10 9:30 ★ BOTB Campus Wide Walk & Scavenger Hunt (MCH) 1:30  Resident Council (WH)	11 9:30  Kitchen Tour (DP) 10:30  Grief Support Group (NCH) 1:30 Ambassadors Committee (VOM) 3:15  Brain Fitness (FC) 6:30  Tai Chi Videos (WH)	12 9:30 ★ BOTB Bird Walk with David Yee (MCH) 4:30  Birthday Mingle (WH) 5:30  Birthday Night (WH)	13 3:30  Holly Oak Social (WH)	14 Multi Cultural Day 1:00  Bookmobile (CH) 4:15  Happy Hour (LR) 7:15  Bingo Night (WH)	15 1:00  Party Bridge (LR) 2-7  Saturday Night Movie Special 7PM Showing (WH)
16  10,2,7  Cinema Sunday (WH) Mansfield Park (1999)	17 3:00 ★ BOTB Trivia (WH)	18 11:30  Lunch & Learn: Anti-Inflammatory Nutrition and Lifestyle (WH) 1:30 ★ BOTB Ice Cream Social (WH) 3:15  Brain Fitness (FC) 6:30  Tai Chi Videos (WH)	19 1:30  Dining Committee (WH)	20 10:30  History of Western Civilization (WH) 1:30  Wood Readers (VOM) 3:30  Cottage Social (NCH)	21 3:30 ★ Battle of the Buildings Closing Ceremony (WH) 4:15  Happy Hour (LR)	22 2-7  Saturday Night Movie Special 7PM Showing (WH)
23 10,2,7  Cinema Sunday (WH) Driving Miss Daisy (1989)	24 2:30  Popcorn Social (WH)	25 10:30  Caregiver’s Support Group (NCH) 1:30  Town Hall (WH) 6:30  Tai Chi Videos (WH)	26 Mystery Lunch Board: 11:15 AM Return: 1:45 PM 3:30  Valley Oak Social (WH)	27 9:30  Farmer’s Market (WH) 1:00  Parkinson’s Wellness Circle (WH) 3:30  Wine Club Meeting (Bar)	28 1:00  Bookmobile (CH) 4:15  Happy Hour (LR) 7:15  Bingo Night (WH)	29 2-7  Saturday Night Movie Special 7PM Showing (WH)
30 10,2,7  Cinema Sunday (WH) Being the Ricardos (2021)  Stockton Civic Theater Board: 1:30 p.m. Depart: 1:45 p.m.						

# JUNE HIGHLIGHTS

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**LIFESTYLE**



Please check the OCW Social Directory for information about Creative Arts, Games, Enrichment & Support, and all other meetings that occur on a regular monthly basis. Please call the Life Enrichment Coordinator at 476-4023 if you have questions.

★	<b>Continental Breakfast</b> <b>Wednesday, 6/5 9:30 A.M. Living Room Patio</b>  Battle of the Buildings starts today! Enjoy a wonderful continental breakfast to kick-off the start of an eventful month. Stop by and socialize anytime between 9:00 and 11:30 a.m., and be sure to wear your building color.	<b>Nature's Prescription for Health</b> <b>Monday, 6/3 1:30 P.M. West Hall</b>  Nature's Prescription for Health by Dorbea Cary: Nature is restorative! Research has shown how spending time in nature can improve our mood and can lower our blood pressure. Nature helps us to shift out of our heads and into our senses. Just spending 5 minutes in nature can calm our nervous system. This presentation will outline the benefits and explore a variety of practices you can do outdoors.	
★	<b>Battle of the Buildings: Putting &amp; Bocce</b> <b>Friday, 6/7 9:30 A.M. Putting Green</b>  Put your Putting and Bocce skills to the test and join us for OCW's Battle of the Buildings Putting & Bocce Tournaments! If you choose not to putt or play bocce that is fine, but your team needs you to come and cheer for them! Enjoy the morning outside with your friends.	<b>The Connection: Ann Johnston</b> <b>Tuesday, 6/4 3:00 P.M. West Hall</b>  Ann Johnston is the President of Read to Me Stockton. She will talk about this early literacy program which works with the Dolly Parton Imagination Library to send out over 10,000 books each month to preschool children.  Ann's community involvement includes the following: * Mayor of Stockton * Stockton City Council Member * Lodi Unified School District Board Member	
★	<b>Battle of the Buildings: Walking and Scavenger Hunt</b> <b>Monday, 6/10 9:30 A.M. Main Clubhouse</b>  Meet your team out at the living room patio for the team walk/scavenger hunt. You may enjoy a morning walk or join in for the scavenger hunt. The Battle of the Buildings Scavenger Hunt is an adventure game where teams will follow clues to find items hidden in different locations around the inside and outside of Main Club House, NCH and Fitness Club. Teams will be sent out to find, a series of common, or humorous objects.	<b>Take a Tour with Cynthia: Japan</b> <b>Wednesday, 6/5 2:00 P.M. West Hall</b>  Gorgeous kimonos are sprinkled throughout this trip. The highlight was spectacular Mt. Fuji on a brilliant blue day. Or was it the masses of delicate cherry blossoms? We pass through mountain scenery, tour temples and savor a variety of soft-serve ice cream flavors....wasabi anyone? From Tokyo to Hiroshima, we explore a myriad of experiences offered by Japan.	
★	<b>Battle of the Buildings: Bird Walk with David Yee</b> <b>Wednesday, 6/12 9:30 A.M. Main Clubhouse</b>  David Yee leads this very educational bird walk! Get outdoors, enjoy the morning and marvel at the beauty of our feathered friends under a canopy of live oaks. Bring a pair of binoculars if you have them. <i>Seating will be available at multiple discussion/viewing areas for those who are not comfortable standing for extended periods of time. David Yee will have a portable microphone with him during the walk.</i>	<b>California Civil Grand Jury: Denise Snider</b> <b>Thursday, 6/6 1:30 P.M. West Hall</b> <b>Come to this presentation by a member(s) of the California Civil Grand Jury Association to learn about how it functions and decides which officers, departments or agencies it will investigate.</b>	
★	<b>Battle of the Buildings: Trivia</b> <b>Monday, 6/17 3:00 P.M. West Hall</b>  Calling all trivia enthusiasts! This game will be played in building TEAMS. Make sure to bring your neighbors because the more brains you have representing your building, the better your chances of winning!	<b>Mystery Lunch</b> <b>Wednesday, 6/26 Board: 11:15 A.M. Depart: 11:30 A.M. Return: 1:30 P.M.</b>  This restaurant has a comfortable, dinner-style atmosphere and serves American comfort food classics including burgers, shakes, and breakfast favorites. The location of this well- known and loved establishment is only 12.7 miles from O'Connor Woods on a street named after a North American Indian Tribe.	☀
★	<b>Battle of the Buildings: Ice Cream Social</b> <b>Tuesday, 6/18 1:30 P.M. West Hall</b> Let's take a break and enjoy some Ice Cream with your friends and share some of your favorite moments of Battle of the Buildings so far. Enjoy a scoop of ice cream with a variety of toppings you can choose from.	<b>Farmer's Market - <i>FIRST FARMERS MARKET OF THE SEASON</i></b> <b>Thursday, 6/27 9:30 A.M. West Hall</b>  Every 2nd and 4th Thursday throughout the summer, we offer a Farmer's Market so you can stock up on your favorite fresh, locally grown produce! Everything for sale is picked up that morning from the Weberstown Farmer's Market. All residents and staff are welcome to stop by and purchase. <b><i>DON'T MISS OUT!</i></b>	
★	<b>Battle of the Buildings: Closing Ceremony</b> <b>Friday, 6/21 3:30 P.M. West Hall</b>  As the Battle of the Buildings come to a close, we will take this opportunity to toast to everyone's success and also announce the building scores. You won't want to miss this Battle of the Building <b><u>grand finale!</u></b>		