

NOVEMBER 2024

Updated on 10/31/2024

EVENT REQUIRES SIGN UP

Discover your new LIFESTYLE



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
4:00 Protestant Services (CH)	9:00-11:00 Monday Shopping 11:00 Being Well During Major Life Changes (NCH) 12:30-3:45 Medicals <i>(starting at 1:00)</i> 1:00 Bible Study (VOM) 2:30 Drama Club (VOM)	9:00-3:45 Medicals <i>(Appts. starting at 9:00)</i> 9:30-11 Fix-It-Shop (FS) 9-11 Bank of Stockton (Bar) 6:30 Tai Chi (WH) 	WEEKLY RECURRING EVENTS 1:00 Resident Store (TT)	9:00– 3:45 Medicals <i>(Appts. starting at 9:00)</i> 9:30-11 Fix-It-Shop (FS)	9:00-11:30 Medicals <i>(Appts. starting at 9:00)</i> 1:00-3:00 Friday Shopping 2:00 Current Events (BAR) 2:00 Low Vision Reading (VOM)	3:30 Catholic Rosary & Mass (CH)
Social Connection Entertainment & Fun Inspiration & Spirituality Health & Fitness Educational Learning Creative Expression	ROOM LOCATION KEY: <div>CH - Chapel DP - Dining Pavilion CL - Cocktail Lounge HO - Holly Oak LR - Living Room MCH - Main Clubhouse</div>		<div>NCH - North Clubhouse VO - Valley Oak SO - Silver Oak WH - West Hall FC - Fitness Club HC - Health Clinic</div>	We must find time to stop and thank the people who make a difference in our lives! <div>- John F. Kennedy</div>	9:30 Coffee & Sweets (BAR) 1 10:00 OLLI Birding (WH) 1:00 Bookmobile (CH) 1:30 2025 Budget Presentation (WH) 4:15 Happy Hour (LR)	2 <div>Set Up for UOP Medicare Health Fair No Saturday Night Movie!</div>
3 UOP Medicare Health Fair 10:00 AM - 5:00 PM Location: All of the Main Clubhouse	4 3:30 OLLI Lecture: A Tale of two Stockton Locations, Benefits & Constraints of High - Profile Master—Planned Communities (WH)	5 Election Day Voting North Clubhouse 7:00 AM - 8:00 PM 11:00 Buildings/Grounds Committee (VOM) 3:00 Women’s Social (WH)	6 2:00 Take a Tour with Cynthia: Papua New Guinea, Part 2 (WH) 3:00 Gentlemen’s Forum (BAR)	7 9:30 Power and Perseverance Parkinson’s Exercise Program (WH) 11:30 Program Committee (NCH) 1:30 GeoHistory & Stories with Greg Traverso: The Iron Curtain (WH)	8 2:00 Thanksgiving Trivia (WH) 4:15 Happy Hour (LR) 7:15 Bingo Night	9 2-7 Saturday Night Movie Special 7PM Showing (WH)
10 “Gratitude is a powerful catalyst for happiness. It’s the spark that lights a fire of joy in your in your soul”. <div>- Amy Collette</div>	11 9:30 Veteran’s Day Coffee and Sweets (WH) 1:30 Resident Council (WH)	12 9:30 Power and Perseverance Parkinson’s Exercise Program (NCH) 10:30 Grief Support Group (NCH) 1:30 Ambassadors Committee (VOM) 3:15 Brain Fitness (FC)	13 St. Amant Winery Board: 1:00 PM Return: 3:30PM 4:30 Birthday Mingle (WH) 5:00 Birthday Night (WH)	14 7:00 Movie Night & Dessert (Thelma, 2024) (WH)	15 OCW Annual Holiday Bazaar (MCH & WH) 9:30 a.m. - 3:00 p.m. 1:00 Bookmobile (CH) 4:15 Happy Hour (LR)	16 1:00 Party Bridge (LR) 2-7 Saturday Night Movie Special 7PM Showing (WH)
17 Stockton Symphony: High Impact Board: 1:30 PM Depart: 1:45 PM 2:00 Cinema Sunday (WH) Airplane (1980)	18 10:00 Travel Agent Pop Up (CL) 3:30 OLLI Lecture: Discovery your Family’s Story (WH)	19 9:30 Power and Perseverance Parkinson’s Exercise Program (NCH) 10:30 Caregiver’s Support Group Informal (NCH) 3:15 Brain Fitness (FC) 3:30 Silver Oak Social (WH) Last day of Tai Chi	20 Assistance League Thrift Shop + Lunch at Angelina’s Spaghetti House Board: 9:15 AM Return: 2:00 PM 1:30 Dining Committee (WH)	21 9:30 Power and Perseverance Parkinson’s Exercise Program (WH) 1:30 Wood Readers (VOM) 2:00 A trip to Avatar Fairyland in China, 2024 Raymond Peng (WH)	22 1:30 OCW Art Series with Laurie Eager (WH) 4:15 Happy Hour (LR)	23 2:00 Pianist Mark Ruderman (WH) 7:00 Saturday Night Movie Special 7PM Showing (WH)
24 2:00 Cinema Sunday (WH) Galaxy Quest (1999)	25 COME CELEBRATE WITH JOY & Nanci 1:30 PM WEST HALL	26 9:30 Power and Perseverance Parkinson’s Exercise Program (WH) 10:30 Caregiver’s Support Group 1:30 Town Hall (WH)	27 Duarte Poinsettia Trip + Lunch at The Fruit Yard Board: 8:45 AM Return: 2:00 PM 10:00 Coffee with Chef (BAR)	28 HAPPY Thanksgiving Low Services: Front Desk is closed; No housekeeping, maintenance, transportation or fitness classes	29 4:15 Happy Hour (LR)	30 2-7 Saturday Night Movie Special 7PM Showing (WH)




NOVEMBER HIGHLIGHTS

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Please check the OCW Social Directory for information about Creative Arts, Games, Enrichment & Support, and all other meetings that occur on a regular monthly basis. Please call the Life Enrichment Coordinator at 476-4023 if you have questions.

<p>OLLI Birding Friday, 11/1 10:00 AM West Hall</p> <p>This class will cover intermediate birding subject matter, but beginners are welcome. David will help you appreciate, enjoy, and identify our fine-feathered friends. Content will be new and current for those that have taken the class before. Learn about topics such a migration-timing, habitat usage and what you can expect to see at the time of the class.</p>	<p>OCW Annual Holiday Bazaar Friday, 11/15 9:30 AM - 3:00 PM Main Clubhouse Hallway and West Hall</p> <p>Looking to do some holiday shopping? Enjoy local vendors selling hand-crafted goods, jewelry, and other great gift items. Invite your friends and family to join us at this wonderful annual event.</p>	
<p>UOP Medicare Health Fair Sunday, 11/3 10:00 AM - 5:00 PM All at the Main Clubhouse</p> <p>We are welcoming back the UOP School of Pharmacy Medicare Health Fair! At NO COST you can receive a variety of health services: Review of your Medicare Part D Plan to see if we can lower your medication costs, review of your medications to ensure they are safe to take together, as well as screenings for blood pressure, bone density and other important health screenings. <i>Please bring your Medicare card and all of your medications to the Health Fair.</i></p>	<p>Assistance League Thrift Shop + Lunch at Angelina's Spaghetti House Wednesday, 11/20 Board: 9:15 AM Depart: 9:30 AM Return: 2:00 PM</p> <p>Today we are privileged to be the FIRST to take a peek at the Assistance League Thrift Shop’s holiday merchandise. This shop is well-known for QUALITY and they are getting it out and ready just for US! The Assistance League of Stockton is an all volunteer organization dedicated to serving the community through philanthropic programs. After shopping, it’s off to Angelina’s for a nice lunch!</p>	
<p>Election Day Voting at the North Clubhouse Tuesday, 11/5 7:00 AM - 8:00 PM North Clubhouse</p> <p>O'Connor Woods is an Official Polling Place for the upcoming election on November 5th. The Polling Place location on our campus will be in the North Clubhouse from 7:00 AM to 8:00 PM. You can vote in person or bring your mail in ballot to drop off.</p>	<p>A trip to Avatar Fairyland in China, 2024 with Raymond Peng Thursday, 11/21 2:00 PM West Hall</p> <p>Join Raymond Peng’s tour of the Zhangjiajie National Park, a UNESCO heritage, where the 2009 movie Avatar was inspired and filmed.</p>	
<p>Take a Tour with Cynthia: Papua New Guinea, Part 2 Wednesday, 11/6 2:00 PM West Hall</p> <p>Throughout this tropical country, we enjoy observing music, dancing and customs during tribal and village visits. The Huli Wigmen are known for their intricately decorated wigs woven from their own hair. Come on a tour from the remote jungle to the coastal shore.</p>	<p>OCW Art Series with Laurie Eager Friday, 11/22 1:30 PM West Hall</p> <p>Join us to unlock your creativity in a welcoming and inspiring art class. Laurie will help you to explore colors, textures, and techniques to bring out your unique style. You will be working with beautiful colorful leaves and water colors. Whether you are experienced or a beginner you will enjoy this friendly environment to connect and share stories with others. All materials are provided - just bring your curiosity and enthusiasm!</p>	
<p>GeoHistory & Stories with Greg Traverso: The Iron Curtain Thursday, 11/7 1:30 PM West Hall</p> <p>The Iron Curtain was a metaphor for the extreme political and ideological division that separated Western Europe from the Soviet Union and its satellite states to the east. After a brief overview of the Iron Curtain, Greg will share a story of one person's journey to escape and find freedom from behind the Iron Curtain.</p>	<p>COME CELEBRATE WITH JOY & Nanci Monday, 11/25 1:30 PM West Hall</p> <p>Come and join Joy and Nanci as we take a journey back over the last 20 years! So much history to share about our Fitness/Wellness Club. You won’t want to miss the funny stories of our beginning years and how we got to where we are NOW!</p>	
<p>Veteran’s Day Coffee and Sweets Monday, 11/11 9:30 AM West Hall</p> <p>Please join us as we gather together for not only coffee and a sweet but also for this special time together to hear our Resident Veterans share their own stories and memories from their years of service. This will be an informal time for those veterans who would like to share may do so. While you’re enjoying this morning, please seek out the many pictures/ mementos displayed. We thank our resident Veterans for their service!</p>	<p>Duarte Poinsettia Trip + Lunch at The Fruit Yard Wednesday, 11/27 Board: 8:45 AM Depart: 9:00 AM Return: 2:00 PM</p> <p><u>The nursery only accepts cash or check payments</u>, so please plan accordingly if you plan on purchasing any plants. Poinsettias start at \$12.00 plus sales tax. Duarte Nursery in Hughson produces over 60,000 poinsettias in more than 30 varieties each year. All are grown on-site in their state-of-the-art new greenhouse. You will get an exclusive tour of the greenhouse and, of course, have time to shop! Afterwards, we’ll visit The Fruit Yard in Modesto for a delicious lunch.</p>	
<p>St. Amant Winery Wednesday, 11/13 Board: 1:00 PM Depart: 1:30 PM Return: 3:30 PM</p> <p>On Wednesday, November 13, the OCW Wine Club heads to St. Amant Winery just outside of Lodi. Their Amador County vineyards are perfect for the Portuguese grapes and the fine wines that result. The tasting fee is \$10 per person payable in advance at the front desk. The bus will load at 1:15 and depart at 1:30. We will cater the nibbles this time. Being Wednesday, we have the winery to ourselves including a brief tour of their operation. As usual, all are welcome.</p>	<p>NOVEMBER THE MONTH OF GRATITUDE!</p> <p>Gratitude helps people feel more positive emotions, relish good experiences, improve their health, deal with adversity, and build strong relationships. <u>Keep your November gratitude calendar close by all month and think about what you’re grateful for each day.</u></p> <p>It will be a great mood booster!</p>	