



## QUARTERLY IMPACT REPORT

### Providing Support with Honor and Experiencing Joy

Longer lifespans mean that some older adults may outlive their resources through no fault of their own. The Resident Assistance Program helps to supplement costs and keeps Eskaton residents from being displaced from their homes. One of these residents was the late Alvia Leroy “Pete” Coleman, fondly known to everyone at Eskaton Lodge Gold River as Pete.

Pete was born on May 18, 1920 and lived a long and wonderful life before passing away on Nov. 1, 2022, at 102 years young. In November of 1941, Pete was drafted and trained as an aircraft mechanic and served in the Army Air Corps. After the war, Pete returned to Sebastopol where he started work as a cabinet maker. He married the girl next door, Alice Elaine McIntyre, and they were blessed with three daughters. Pete opened the Coleman Cabinet Shop in the early 1960s and retired in 1982. He and his bride enjoyed retirement by traveling in their 5th wheel but true joy came from spending time with family. In 2018, Pete and his wife Alice moved to Eskaton Lodge Gold River. Alice preceded Pete in death in May of 2019. Pete often attended exercise classes in the community with his daughters and tried his hand at new activities, including painting classes and recreational outings.



Daughters, Colleen, Kathy and Mary shared “We are grateful for the Foundation's assistance that enabled Dad to stay at Eskaton until the end of this life.” Their hope is that the gift made in his memory will help another family support their loved one through the Resident Assistance Program.

Neal Torres, Executive Director of Eskaton Lodge Gold River where Pete lived, said “Pete was a Veteran and it was a true honor for us to have provided support for him. The Fund allowed our staff to continue that honor while experiencing the joy of his presence. He is greatly missed.”

### Guardian Angels

The Guardian Angel program provides grateful residents, family members and caring colleagues the opportunity to thank caregivers and other team members who made a difference by making a donation to the Eskaton Foundation in their name. Honor a Guardian Angel today by making a donation in their name. Visit us at [eskaton.org/post/guardian-angels](https://eskaton.org/post/guardian-angels).

### Employees All In Campaign

Employee giving at Eskaton is at 14% through the Employees All In Campaign! Employees make a gift through payroll deduction or direct gifts, ranging anywhere between \$1 - \$25 and sometimes more, to help enhance the aging experience through philanthropy.

## Message from our President Sheri Peifer

Why is “legacy” such an important question to ask ourselves and does it matter? I am grateful to have learned the importance of this question at a young age by observing my parents in action. Legacy is about living for a purpose greater than ourselves. My parents were public school music teachers and in the evenings and on weekends, they operated small businesses to make a little extra money to put into savings. My parents would take me along with them to volunteer functions to help the un-homed population, plus provide musical entertainment wherever we went! They would donate generously to educational programs and charities that helped people who were struggling. They lived with an attitude of abundance and to this day, I am grateful to them for modeling this approach to life. By giving our time, talents and resources, we ultimately live a more abundant and purposeful life!



## Celebrating Centenarians

Celebrating a birthday always makes for a special day at Eskaton. We love celebrating our elders, especially when the birthday milestones hit 100 and over. Friends and family gathered at Eskaton Village Carmichael on Jan. 11 to help Marian Thompson celebrate her 106th birthday.

Marian arrived for her party with a smile on her face, aptly dressed in “Eskaton blue.” “This feels like it is for someone else,” she humbly said. The guests that came were warmly greeted by Marian as she made her rounds to every table.

Dr. Lloyd Money, also a resident and a guest at Marian’s party, quickly let her know that she “was a couple of years older than he” at 102. They reminisced about years past together, enjoying each other’s company and the celebration.

Join us this year, 2023, as we celebrate centenarians. We will be sharing a story in each of the Quarterly Impact Reports on centenarians throughout the Eskaton communities.



*Marian Thompson,  
Eskaton Village Carmichael*

## Employee Emergency Assistance Program

The Eskaton Foundation’s Employee Emergency Assistance Fund is designed to provide employees of Eskaton with financial assistance in times of unexpected verifiable emergency situations. The Fund will consider grants based on an applicant’s need. The circumstances initiating the need for assistance must be attributed to or caused by an emergency.

Since 2012, the program's inception, 281 Eskaton Employee Emergency Grants have been funded. Employees who have received the grants are from 21 of the Eskaton Communities. Requests for help range from travel to funerals, burial/cremation expenses, food insecurity, temporary housing, transportation, domestic violence and theft.



## Connection Brings Joy and Happiness

Since her retirement, Iris Barnett writes books to help multi-generational individuals understand varying views and perspectives. She shares these books and her views with her Telephone Reassurance (TR) volunteers during calls. Her writings along with the social connection from these telephone calls help Iris not feel so lonely or sad.

Iris was intrigued when she learned about the program. Her dialysis process which is four and a half hours a day would make her feel sad while at the clinic. Since joining TR eight years ago she feels that her connections have brought joy and happiness into her life.

"The TR program is a lifeline, allowing you to meet people you would not encounter otherwise. You can get out of this program what you choose. It also makes me feel safe that someone is checking in on me," said Iris.

## Telephone Reassurance Program

This program provides opportunities for friendship and connection. Every day, older adults and volunteers of all ages come together to share experiences, stories and laughter through friendly conversation.

- 47** current number of volunteers
- 4,400** average number of calls to older adults per month
- 2,000** anticipated volunteer hours for Jan-March 2023
- 13,000** anticipated annual calls for Jan-March 2023

## Important Dates

End of Life Educational Sessions	March
National Healthcare Decision Day	April 16
Volunteer Appreciation Week	April 16 - 22
Big Day of Giving	May 4

For more information, visit [eskaton.org/calendar](http://eskaton.org/calendar)

## Eskaton Foundation



### Nicole Zamora, CFRE

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### Contact the Foundation

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- [eskaton.org/give-back](http://eskaton.org/give-back)
- 5105 Manzanita Avenue, Carmichael, CA 95608

Help us make an **IMPACT** by donating to the Eskaton Foundation today!



Give Online at  
[eskaton.org/give-back](http://eskaton.org/give-back)



Make a Tribute Gift to help  
honor a loved one



Consider a Gift that Gives Back  
Charitable Gift Annuities



## Estate Planning

Leave a legacy of support and love for your friends and community — make a planned gift to the Eskaton Foundation. By doing so, you ensure that residents will have access to life-enriching services and quality care for generations to come!





## Leaving a Legacy, One Step At a Time

There are countless studies that have shown the important health benefits associated with exercise, and the older we get, the more important these become. Regular physical activity and exercise for older adults help improve mental and physical health, both of which will help you maintain your independence as you age.

Virginia “Ginny” Shapiro was a beloved resident and friend at Eskaton Village Roseville who wanted to leave a legacy through fitness. During the HOA Friendsgiving celebration at the Village Center in Nov. of 2022, hundreds of pieces of fitness equipment were unveiled by Christy Barry, Fitness and Wellness Director, who had a very special bond with Ginny. Through an estate gift, Ginny generously donated \$51,000 to the community’s overall fitness and wellness goals. This gesture allowed the community to purchase amazing new pieces of equipment that will help enhance the lives of residents that call Eskaton Village Roseville their home.

Ginny had scoliosis from a very young age and quickly learned to adapt, using physical exercise to continuously improve her condition. She had a unique knack for extracting the best out of every situation and didn’t let anything slow her down, living a life brimming with things she enjoyed, including reading, writing, research, family time, swimming, gardening, political engagement, weaving and world-traveling.

Ginny’s daughter Amy Ochi believes living at Eskaton allowed her mother to build meaningful connections and enjoy social activities. As an introvert, Ginny was still able to enjoy her privacy while joining in on the activities that brought her joy, like the writers’ group that helped reawaken her love of writing.

By leaving a planned gift through her estate to Eskaton, Ginny ensured that residents will have access to life-enriching services and quality care for generations to come!



**Big Day of Giving**  
MAY 4



**GIVE WHERE YOU LIVE**  
SAVE THE DATE: **MAY 4, 2023**